## What type of submissions would suit the Lasmuigh Journal?

So, you are thinking of contributing to Lasmuigh? Glad to hear it, The Lasmuigh editorial panel consider a range of potential contributions and this document has been put together to help you think about what format your contribution might take. Start the process by reading through this document to get ideas of the type of content we welcome.

1.	Opinion piece	What challenges do practitioners and organisation(s)/programmes face in the outdoor sector in Ireland? Area of focus can include: adventure, environmental, experiential, inclusion, diversity, health and wellbeing, education, learning, or facilitation, for example. A rationale or justification to support this piece should be included. Include compromises/solutions to a challenge outlined in your piece.
2.	Technical	<ul> <li>A piece that explores:         <ul> <li>a tried and tested a piece of kit/equipment in your own practice which has worked well and explain why</li> <li>ways to upskill, training or professional development suggestions and how they apply to your work</li> <li>the managing of risk during all phases of an experience/programme. How to manage risk, legal issues and/crisis response.</li> </ul> </li> </ul>
3.	Research	Build an evidence base for the outdoor sector in Ireland or beyond.Piece of original research* detailing objective(s), methods used, and findings. How does your research contribute to the field? Key recommendation(s) for the sector.*Research can be empirical research, case-study, survey, experiment, review (literature review, systematic review).It is expected that any claims (results or findings) in a research-based article will be fully supported with evidence, be that empirical or from the existing literature.APA7 referencing style listed above.Further guidance on the APA 7th Edition can be found here.
4.	Landscape	<ul> <li>A look at how the Irish landscape (green or blue) can enhance the planning, delivery, and outcomes of practice(s) for a practitioner or individual/group taking part. Examples can: <ul> <li>explore the Irish language and/or links with place names, flora and fauna</li> <li>look at the links between history, culture (can include folklore) and its relationship with a space you work in</li> <li>identify wildlife, habitats and species relevant to readers in a particular area of the country</li> <li>presents geology process, how this can be a tool for learning.</li> </ul> </li> </ul>
5.	Reviews	<b>Review of books, music, artwork, websites, guides and other resources</b> – educational or environmental, for example – relevant to outdoor sector here or beyond!
6.	The Wonderful Miscellaneous	This final category is included to capture other potential contributions to Lasmuigh including personal stories, student perspectives or research pieces, conference reports, and of course creative reactions to nature through art, poetry and photography.