

Guidance for Contributors

Overview – What type of journal is Lasmuigh?

Lasmuigh is a professional practice journal that aims to develop outdoor education on the Island of Ireland by reporting on and sharing good practice. The publication seeks to support ongoing development of outdoor practice by sharing ideas and innovations and by promoting awareness of outdoor practice and research on the Island of Ireland and Internationally. As a journal, Lasmuigh will seek to engage with, and be inclusive of, all those who share the outdoor setting for experiences, be they recreational, developmental, educational, therapeutic, or other.

What type of articles suit Lasmuigh?

Lasmuigh aims to showcase good practice and research in an accessible manner. In keeping with our values at Lasmuigh we aspire to publish content that engages with the broad range of those who work in the outdoor sector. We encourage submissions ranging from sharing good practice to submissions that seek to expand the evidence base for outdoor experiences. Artwork, poetry, opinion pieces, and book reviews related to the outdoor sector are also encouraged

Article Submissions

- Lasmuigh accepts submissions ranging between 300 and 2,000 words.
- We ask authors to include a short bio of approximately 50 - 80 words and to include a photo of themselves.

Photograph and Images

We recommend that authors consider how images could enhance their article. Images can include high resolution JPEG images and/or charts, drawings, diagrams etc. The type of article will generally dictate how many photos are required but we recommend 2-6 images. Including this number of images will allow the editors some choice in which images to use as they fit each contribution into space in the journal. It is best to use your own photos or to have clarified issues around copyright for those images you send us. It is also important that people in the photos have given their permission for the photo to be used in a publication.

References

For some articles, references and a bibliography will be appropriate and helpful to the reader. If references are being used, we recommend that APA (7th Edition) be used. Do not use footnotes for your references.

Article exclusivity

Articles submitted to Lasmuigh should not have appeared before in other journals. Articles submitted and published in Lasmuigh should not be submitted in similar format to other publications without prior consent from the Lasmuigh editorial team.

Tone and Inclusive Language

Lasmuigh requests that the tone and language used in submissions is respectful of people and places, promoting the values of equality, diversity and inclusion. Lasmuigh advocates the APA system for

referencing. If you require additional information or guidance with this, APA have addressed the issue of avoiding language that perpetuates harm or offense and it is available here [APA Inclusive Language Guidelines](#).

How we work

Lasmuigh is not-for-profit and run by volunteers. All members of the editorial panel are also volunteers and have come together to help promote and share good practice. We are not able to pay for content. The magazine is edited and designed in-house.

The magazine is published twice a year in Spring and Autumn. Submissions can be made year-round to lasmuigh_journal@gmail.com, however there are issue deadlines and these are updated on the website at <https://lasmuighjournal.mailchimpsites.com/>. Articles are selected, edited, and published considering a yearly cycle and to strive for variety in each issue. For this reason, the editors may hold some articles back for the next edition.

We strive for quality in our editorial processes. On processing a submission, an acknowledgement of receipt of the article will be sent to the author(s). Once the article has been reviewed, the editorial panel will contact the author(s) regarding the status of the piece.

The submission will be:

- accepted for publication outright,
- accepted with revisions (these will be detailed to the author(s), or
- Rejected.

Submitted articles will be assigned to member(s) of the editorial team based on specialist areas or expertise. For more information on our Editorial Panel please go to [Link](#) or check the website.

Whilst we strive to be as inclusive as possible, we cannot guarantee that all articles will be published, and the editor cannot provide individual feedback on why an article is not printed. If any potential contributor feels that they have been unfairly treated they can submit an email with APPEALS in the subject box to lasmuigh_journal@gmail.com

Steps in submitting your article:

1. It is best to send your article as an unformatted word document to Lasmuighjournal@gmail.com. To help with editing your article and fitting it into the publication template it would help if you could leave one space after full stops and commas.
2. Include the author bio/profile and photo as an attachment along with the article submission. To avoid delays in the publication of your article, all files relating to a submission should have the title of the submission as the file names.
3. Before submitting run your article through spellcheck and then get a friend to read it and ask them if they can follow the thread of your submission.
4. Check that your article meets the submission criteria - word count, etc.
5. Have you attached your author bio and photo?
6. Have you included high-definition photos/images for which you have copyright?
7. Have any references you have used been included in the reference list?